



HIGH SCHOOL VOLLEBALL RULES - Section 11

Updated June 2019

11.1 GENERAL INFORMATION

- 11.1.1 The CAA shall adopt the current edition of the National Federation of State High School Association (NFHS) Volleyball Rules Book. **These rules shall govern unless noted below.**
- 11.1.2 Any discrepancies will be ruled upon by the by the league director and/or Competition Committee.
- 11.1.3 VIDEO TAPING ANOTHER SCHOOL'S GAME. It shall be an ethical violation to tape another school's game, meet or contest without their permission. Further it may be a violation of the laws governing copyrights. Each school owns the copyrights to their games, meets and contests. Taping another schools game without permission could constitute a violation of the copyright law.

11.2 COACHING

- 11.2.1 Coaches who are not certified, team will forfeit all games coached.

11.3 HOME TEAM RESPONSIBILITIES

- 11.3.1 The home team is responsible for providing the following for ALL home games:
 - 11.3.1.1 Line Judges – Should home team not be able to provide qualified Line Judges; the visiting may provide 1 or both line judges.
 - 11.3.1.2 Scoreboard Operator.
 - 11.3.1.3 Scorebook keeper and a Libero tracker.
 - 11.3.1.3.1 Scoreboard Operator and Scorekeeper must be an adult (18+).
 - 11.3.1.3.2 Any home team that cannot provide qualified individuals to perform these activities, must allow the away team to be the official book or per agreement of both teams, allow acceptable individuals to perform these activities. (2016)
 - 11.3.1.4 Officials – teams outside of the Phoenix Metropolitan area and as identified by the CAA Director are responsible for assigning their own game official(s).
- 11.3.2 Enter forfeit results as 3-0 (25-0 score for each game) Per NFHS forfeit rules.
- 11.3.3 Enter game scores within 24 hours upon completion of match.

11.4 EQUIPMENT, FIELD AND UNIFORM GUIDELINES

- 11.4.1 OFFICIAL BALL. Under Armour is the preferred official game ball and should be used if possible. If neither team has an Under Armour ball, then a ball meeting NFHS standards shall be used.
- 11.4.2 UNIFORMS. Top Uniform must include school name or mascot. Numbers must be on the FRONT and BACK. Shorts need to match.
 - 11.4.2.1 Libero must wear a different color jersey.
- 11.4.3 The height of a volleyball net is 7 feet 11 5/8 inches for a men's games and 7 feet 4 1/8 inches for a girl's games.

11.5 SCORING/GAMES

- 11.5.1 CAA Varsity volleyball matches are best 3 games out of 5.
 - 11.5.1 Games 1 – 4 are played to 25, win by 2 points and with a hard cap at the 28th point. The winner will be declared as the team that scores the 28th point 1st regardless if a 2-point spread exists.
 - 11.5.2 Game 5 is played to 15 points. Team must win by 2 points (per NFHS rules)

11.6 GAME TIME AND LATE ARRIVAL

11.6.1. Game time is Forfeit time.

11.7 SPORTSMANSHIP AND EJECTION

- 11.7.1 Players who are ejected must immediately leave the bench area if supervised by an adult. If no supervision is available, student-athlete must stay in the bench and have excellent sportsmanship.
- 11.7.1.1 A player ejected from a contest for any reason shall be subject to the disciplinary action under the Sportsmanship Rule under the CAA Constitution.
- 11.7.2 Coach who is ejected must immediately go to the locker room or leave the confines of the competition venue. If there are no certified coach/school personnel to continue coaching the team, the match will be declared a forfeit with the scores of 21-1 for each game.
- 11.7.2.1 A coach ejected from a contest for any reason shall be subject to the disciplinary action under the Sportsmanship Rule (7.4) under the CAA Constitution.
- 11.7.3 The school's AD or administrator must submit a CAA Ejection Report form to the CAA Executive Director within 24 hours after completion of the game for any player or coach who was ejected.

11.8 POST-SEASON INFORMATION

- 11.8.1 Tournament brackets will be created according to standings from power rankings.
- 11.8.2 Game time is forfeit time.
- 11.8.3 Under Armour is the official league game ball and will be used for all CAA tournament games.
- 11.8.4 The CAA State Championship Match (Final) will NOT have a Hard Cap. Team must win game by 2 points.

11.9 JUNIOR VARSITY RULES

- 11.9.1 The CAA shall adopt the current edition of the National Federation of State High School Association (NFHS) Volleyball Rules Book for Junior Varsity Volleyball games. **These rules along with the ones listed above shall govern unless noted below:**
- 11.9.2 SCORING. CAA JV volleyball matches are best 2 games out of 3.
- 11.9.1 Games 1 & 2 are played to 25, win by 2 points and with a hard cap at the 28th point. The winner will be declared as the team that scores the 28th point 1st regardless if a 2-point spread exists.
- 11.9.2 Game 3 is played to 15 points. Team must win by 2 points.

CAA VOLLEYBALL PRE-GAME WARM-UP PROTOCOL

The pre-game court warm-up will be the standard 15 minutes.

- ❖ **3 MINUTES** = each team will occupy ½ court for general warm-up and ball handling.
- ❖ **6 MINUTES** = **Visiting Team** for full-court warm-up, hitting and serving.
- ❖ **6 MINUTES** = **Home Team** for full-court warm-up, hitting and serving.