



COACHING COURSES AND REQUIREMENTS



ALL CAA HEAD COACHES AND ASSISTANT COACHES MUST BE CERTIFIED!

In order to be certified, coaches must complete:

1. COACHING REQUIREMENT
2. FIRST AID REQUIREMENT.
3. CONCUSSION REQUIREMTN

COACHING REQUIREMENT

Must complete one of these 2 courses.



Double-Goal Coach®: Coaching for Winning and Life Lessons - \$30

Website: <http://shopping.positivecoach.org/Store/Courses/Double-Goal-Coach>

The research and experiences of great coaches across the country is clear: Positive is Powerful. In this highly-interactive online Double-Goal Coach® course from PCA – sparked by video-based advice from top pro athletes and coaches on PCA's National Advisory Board – coaches explore why and how to pursue both winning and the more important goal of teaching life lessons through sports.

National Federation of State
High School Associations



Fundamentals of Coaching - \$35

Website: <http://nfhslearn.com/courses/61026/fundamentals-of-coaching>

This NFHS Fundamentals of Coaching course provides a unique student-centered curriculum for interscholastic teacher/coaches, assisting them in creating a healthy and age-appropriate athletic experience that supports the educational mission of our nation's schools.

Course Outline:

1. Educational Athletics and the role of the Teacher/Coach
2. The Teacher/Coach as Manager
3. The Teacher/Coach and Interpersonal Skills
4. The Teacher/Coach and Physical Conditioning
5. The Coach as Teacher
6. Course Conclusion

National Federation of State
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FIRST AID REQUIREMENT

Must complete this course.

First Aid, Health and Safety For Coaches - \$35

Website: <http://nfhslearn.com/courses/26/first-aid-health-and-safety-for-coaches>

This First Aid, Health and Safety for Coaches course, brought to you by the NFHS and the American Red Cross, is designed to provide an overview of first aid and the best practices for many first aid situations. The skills taught in this course do not replace professional medical help but offer guidelines and techniques for temporary assistance until advanced medical help arrives.

CONCUSSION REQUIREMENT

Must complete this course.

Website: <CAA/BARROW CONCUSSION COURSE>

Learn the impact of sports-related concussion on athletes, how to recognize a suspected concussion, and protocols to manage a suspected concussion with steps to help players return to play safely after a concussion.

OPTIONAL COURSES

Offered by the National Federation of Sports (NFHS)

National Federation of State
High School Associations



Heat Illness Prevention

Website: <http://nfhslearn.com/courses/34000/heat-illness-prevention>

Exertional heat stroke is the leading cause of preventable death in high school athletics. Exertional heat stroke also results in thousands of emergency room visits and hospitalizations throughout the nation each year. The course presents seven fundamentals, which when followed, will minimize heat related illnesses of the students who participate.

Creating a Safe and Respectful Environment

Website: <http://nfhslearn.com/courses/28000/creating-a-safe-and-respectful-environment>

Creating a Safe and Respectful Environment defines and provides recommendations for coaches in three specific areas; inappropriate relationships and behaviors, hazing, and bullying (including cyberbullying). This course educates coaches about their legal responsibility to provide a safe and respectful environment for the students in their care.

Engaging Effectively with Parents

Website: <http://nfhslearn.com/courses/6000/engaging-effectively-with-parents>

Engaging Effectively with Parents, provides a unique student-centered curriculum and presents essential techniques and methods for coaches to effectively communicate and interact with students, parents and guardians. This course features specific guidance for speaking, listening, and implementing a communication system, and provides strategies for dealing with problematic parents and guardians. The course provides many printable resources coaches can use in their programs.

Sportsmanship

Website: <http://nfhslearn.com/courses/37000/sportsmanship>

The NFHS developed this free course to give you a better understanding of sportsmanship, how it impacts the educational process and identifies your specific role in modeling it at all interscholastic athletic events. Insight is shared throughout the course from fans, players, parents, teacher-coaches and officials. This course will help provide schools a more positive game environment.

Sports Specific Courses:

Website: <http://nfhslearn.com/courses?type=sport>

- * Coaching Baseball
- * Coaching Basketball
- * Coaching Football
- * Coaching Golf
- * Coaching Soccer
- * Coaching Softball
- * Coaching Swimming
- * Coaching Track & Field
- * Coaching Volleyball
- * Coaching Wrestling

OPTIONAL COURSES

Offered by the Positive Coaching Alliance

Website: <http://shopping.positivecoach.org/Courses>



PCA offers online courses - all expert-developed and designed to help coaches, parents, athletes and officials ensure that winning happens both on and off the field in youth sports. Whether you simply want to improve your youth sports experience, or whether your school/organization has directed you to these courses; they will benefit you and the youth you serve!

- **Double-Goal Coach®: Culture, Practice and Games**
- **Double-Goal Coach®: Developing Triple-Impact Competitors**
- **Second-Goal Parent®: Developing Winners in Life through Sports**
- **Triple-Impact Competitor®: A Leadership Workshop for Athletes**