



## HIGH SCHOOL ALL STATE RULES AND REGULATIONS

### **All State Nomination Process:**

- During the season, coaches should keep stats on athletes to help support the nomination.
- Coaches or Athletic Directors can nominate players from their team or other teams within your division alignment.
- Nomination deadlines are set by the league.

### **All State Voting:**

- Each school has 1 vote, per athlete X the minimum number of players to compete in the sport. (Ex. Volleyball ( 6 players + Libero is recognized)
- Coaches or Athletic Directors can not vote for any players from their school.
- Multiple votes from one school will void out that schools votes.
- Votes will then be tallied by league staff and all state teams will be announced.

### **Coach of the Year:**

- Recommendations can be sent into the league for consideration.