



2023

Compliance Protocol for CAA Policies/Procedures; Article 18.7 Arizona Pitch Smart Guideline Limits

The CAA Executive Board, in the spring of 2023, approved CAA policy/procedure; article 18 which implemented a pitch count rule to be used at all levels of competition, including varsities, junior varsities and freshmen level teams in all three CAA conferences. See CAA bylaw; article 18 below:

No pitcher shall exceed the daily maximum number of pitches per the **Arizona Pitch Smart Guidelines** limit and required rest recommendations. (**Emergency Legislation 2/1/23**)

YEAR	MAX PITCHES	REQUIRED REST BASED ON PITCHES THROWN				
		0 DAYS	1 DAY	2 DAYS	3 DAYS	4 DAYS
FRESHMAN	95	1-20	21-35	36-50	51-65	66+
SOPHOMORE	95	1-30	31-45	46-60	61-75	76+
JUNIOR	105	1-30	31-45	46-60	61-75	76+
SENIOR	105	1-30	31-45	46-60	61-75	76+

- **All** game pitches will count (Not warm up pitches)
- Required Days Rest columns are based on ALL pitches thrown to batters in competition.
- Both teams in a game will track pitch count. If case of dispute over the pitch count, the home team is official.
- If **pitch count max** is reached during a batter by the pitcher, the pitcher can finish pitching to the conclusion of the at bat.
- Each team is responsible for providing their school athletic director with a copy of the game pitch count document following the game.

In order to facilitate and provide the capability to monitor compliance to this Policy, the following procedures are in place for all Athletic Directors and head baseball coaches of varsity, junior varsity or freshmen teams for all competition (invitational, regular season and state tournament games).

1. Both teams competing in a baseball game will keep track of the number of pitches thrown by any and all pitchers in the contest. Teams will confer re: Pitch Count during the game and agree on final pitches thrown. Home Team is final authority.
 - o Teams can utilize either method:
 - CAA Baseball Game Pitch Log (provided on the GameSource website)
 - Or at this link:
<https://azcaa.com/about/members/resources/sports-rules-and-resources/baseball-rules-and-resources/>
 - Gamechanger computer program
2. The school athletic director or designee must enter the pitch count from each individual game by 10:00 a.m. the day following the game. This includes the varsity, junior varsity or freshman team games. Again, home team document is considered official.

3. COMPLIANCE:

Summary: It is the Schools Athletic Director and Head Varsity Baseball Coach's responsibility that Pitch Counts are entered, correct, and adhered to by all levels – Varsity, JV, and Frosh. Pitch Count documents must be made available if requested by the CAA by 10 am the following day for each pitcher – Varsity, JV or Freshman level.

Consequences for not following CAA Pitch Count Tracking Procedures

As with all other non-compliance with CAA bylaws and bylaw related procedures, failure to comply, at any school baseball level, will subject your school's baseball team and/or school to the penalties as indicated by CAA bylaw; article 10 (Penalties).