

**ARTICLE 25**  
**Track and Field**

**25.1 GENERAL INFORMATION**

25.1.1 The CAA shall adopt the current edition of the National Federation of State High School Association (NFHS) Track & Field Rules and Regulations. These rules shall govern unless noted below.

25.1.2 Any discrepancies will be ruled upon by the league director and/or Competition Committee.

25.1.3 The CAA delegates all responsibilities for Track & Field meets to the individual schools participating in these meets. The regulations listed here are intended to create a fair and consistent set of guidelines for these meets. The Meet Director is responsible for all questions regarding their individually held meet.

25.1.4 CAA officials will be assigned to all CAA Certified Meets and paid directly by the CAA.

**25.2 COACHING - Refer to Article 4**

**25.3 REGULAR SEASON MEETS**

25.3.1 CAA will be responsible for organizing Regular Season meets.

25.3.2 Entry Fee: CAA Executive Board will determine the fee structure on an annual basis.

25.3.2.1 Schools will be invoiced by the CAA according to the number of registered athletes.

25.3.3 CAA will provide team awards at each meet.

25.3.4 Meet results will be posted on the CAA website.

25.3.5 Meet registration must be completed in Athletic.net by Wednesday, 8:00 PM prior to Saturday meets, unless otherwise noted.

25.3.5.1 Deadline is 8:00 PM the Monday prior for all Wednesday meets.

25.3.6 Coaches/Parents are not allowed on the In-Field once the meet has started. Loss of 10 team points for each unauthorized infraction without warning.

25.3.7 Girls will start first on Odd Years. Boys will start first on Even Years.

#### **25.4 EQUIPMENT, FIELD AND UNIFORM GUIDELINES**

25.4.1 Uniform - Refer to NFHS Guidelines.

25.4.2 Participating schools will provide all field implements for their athlete use. Implements must be weighed and approved by the CAA Field Official during the scheduled weigh-in time. All implements not meeting minimum specs during weigh-in will be required to stay with CAA until the completion of the event. Each school is responsible for their own implement(s).

25.4.3 Schools must provide their own Starting Blocks.

#### **25.5 GAME TIME AND LATE ARRIVAL**

25.5.1. Meet Time is Forfeit time. All Events run on a rolling meet schedule.

#### **25.6 SPORTSMANSHIP AND EJECTION - Review Article 12**

#### **25.7 STATE CHAMPIONSHIP INFORMATION**

25.7.1 The CAA will host a Track & Field State Championship meet at the end of the season.

25.7.1.1 The CAA will collect all entry fees and pay for all costs to run the state meet.

25.7.1.2 A CAA representative will be present to officiate and award trophies.

25.7.2 High School Athletes must have competed in at least **five (5)** CAA approved meets in order to be eligible to participate in the State Championships. Junior High Athletes must have competed in at least **four (4)** CAA approved meets in order to be eligible to participate in the State Championships.

25.7.2.1 Athlete must meet time and/or mark standard of the registered event as determined by CAA.

25.7.2.2 Maximum entry of 4 athletes per school, per event.

25.7.3 Coaches may be asked to provide documentation that athletes are eligible for the State meet.

25.7.3.1 Evidence may include copy of entry forms, printed meet results, etc.

25.7.4 State Entry Fee will be determined by the CAA Executive Board on an annual basis.