



CAA FALL SPORTS RESTART PLAN

August 25, 2020

CAA Executive Board Approved Plan

Fall Practice Outlined:

- **September 8-** Limited Return: Official Practice Begins For the Following Activities:
 - High School Volleyball
 - Junior Varsity Volleyball
 - High School Boys Soccer
 - High School Cross Country
 - Junior High Cross Country
- **September 14-** Junior High: Official Practice Begins for the Following Activities:
 - Junior High Volleyball
 - Junior High Flag Football
 - Junior High Boys Soccer
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- **September 17 -** High School Football: Official Practice Begins

FALL SEASON REGULAR SEASON - Restart Information

HIGH SCHOOL:

- **Volleyball - Scrimmage Week: 9/21 - 9/25, REGULAR SEASON BEGINS: 9/28**
- **Flag Football - Scrimmage Week: 9/21 - 9/25, REGULAR SEASON BEGINS: 9/28**
- **Football - Scrimmage Week: 10/5 - 10/10, REGULAR SEASON BEGINS: 10/15-10/17**
- **Boys Soccer - Scrimmage Week: 9/21 - 9/25, REGULAR SEASON BEGINS: 9/28**

- **Cross Country - REGULAR SEASON BEGINS: 10/5**

JUNIOR HIGH SCHOOL:

- **Volleyball - REGULAR SEASON BEGINS: 9/28**
- **Flag Football - REGULAR SEASON BEGINS: 9/28**
- **Boys Soccer - REGULAR SEASON BEGINS: 9/28**
- **Cross Country - REGULAR SEASON BEGINS: 10/5**

Covid-19 Mitigation Plans:

1. Due to the league office 48 hours before the first game.

Moving forward safely:

1. Each sport has modified rules to prevent the spread of Covid-19
2. Face coverings required at all CAA events for coaches and spectators
3. Players should wear face coverings into facility and when exiting facility
4. Further details to be released at a later date.

Submitted by,

Randall Baum, CAA Executive Director

